

MARCH 2021

FOSTER PARENTS

THE OFFICIAL NEWSLETTER FOR FOSTER PARENTS
INVOLVED WITH CASA - VOICES FOR CHILDREN



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HAPPY ST. PATRICK'S DAY!

This month's newsletter is full of fun activities and things to do with your kiddo(s) this March! Read on for exciting events, educational trainings, creative crafts, delicious snacks, and more springtime fun! We are so appreciative of your kindness and dedication to helping children in need!



CASA AND COVID-19:

UPDATES FOR FOSTER FAMILIES

Dear Foster Families,

CASA - Voices for Children is continuing to implement precautionary measures for the protection of those we serve. Above all, we are committed to the health and wellness of our children, foster/bio families, advocates, volunteers, staff and community. Please see below for the safety policies we will be putting into place at this time:

- Benton County is currently in [Oregon's "Extreme Risk" category](#), and new restrictions have been put into place.
- The CASA-VFC office will be officially closed during this period, and staff will be working from home. We will be available during our normal office hours (8:30 AM to 5:00 PM) by phone and email. Phones will be automatically forwarded to a staff member or you may contact staff directly through their cell phones. Please contact us if you need their number.
- We will be suspending all home visits during this time, and are required to have appropriate documentation for home visit exceptions. We are strongly encouraging all CASAs to still reach out by phone, Skype/FaceTime, or however they and the families they serve feel most comfortable. This [Advocacy from a Distance](#) post by Passaic County CASA contains some excellent suggestions for staying connected.
- To the best of our knowledge, Court Hearings and DHS meetings will still be held remotely. The last update we received from the Judge indicated that Court Hearings will still be heard by phone until further notice. We will continue to keep you informed as we receive new updates.
- In-person tutoring will also be suspended while Benton County is in the "Extreme Risk" category. Please contact us for information on setting up virtual tutoring sessions.

Your family's health, and the health of our advocates, staff, and community, is of the utmost importance. As the State continues to reopen, we will monitor this plan and will keep you informed of our next steps.

We appreciate your patience as we navigate these new and unfamiliar times together. If you have any questions or concerns, please feel free to contact me.

Kari Pinard

Executive Director, CASA - Voices for Children

REMINDERS

Bill of Rights: Please make sure that your kiddo(s), along with their siblings, are not only aware of their rights, but that they also understand them. If you would like a copy of the State of Oregon's Bill of Rights, let us know!



Donations to CASA: Have extra clothing or shoes lying around the house? Please call or email CASA to arrange for your donation! We are currently in need of boys and girls shoes, all kinds and sizes.



Car Seat Clinic: Due to COVID-19 concerns, the planned monthly car seat inspections at the Corvallis Fire Department have been put on hold until further notice. For tips on safe car seat installation, click [HERE](#). If you would like assistance installing a car seat, please contact Alyssa Mahr, CPST (Certified Child Passenger Safety Technician) by calling the CASA-VFC office or emailing service.coordinator@casa-vfc.org



Website Update: CASA has been working diligently to bring you a newly updated website! We are continuing to update our lists of community and educational resources to help our families cope with the challenges of COVID-19. Please read on for additional details, and visit us at www.casa-vfc.org!



School Success: CASA-VFC is here for you with resources and tips for a successful school year! We are now offering Trauma-Informed Tutoring (see page 4 for details) and will be keeping you posted on the latest resources and activities for your kiddo(s) in our area and online. Find more information inside this newsletter!



ANNOUNCEMENT

With the change of attorneys, we want to ensure that our foster children have contact information for their new attorney. Please make sure that this Important Contact Information sheet is updated and available to foster children in their foster home.



It looks like this and is attached to this email!

OREGON FOSTER CHILDREN'S BILL OF RIGHTS
IMPORTANT CONTACT INFORMATION

Child's or youth's name: _____

Case number/OR-Kids number: _____

| | | |
|------------------------|-------|-------|
| Caseworker | Email | Phone |
| Supervisor | Email | Phone |
| Certifier | Email | Phone |
| Certifier's supervisor | Email | Phone |
| Branch manager | Email | Phone |

After-hours phone number in case of an emergency (optional): _____

| | |
|--|-------------|
| Attorney | Phone/email |
| * Court Appointed Special Advocate (CASA) | Phone/email |
| * Independent Living Program (ILP) provider | Phone/email |
| Local Citizen Review Board (CRB) Coordinator | Phone/email |

Y.E.S. (Youth, Empowerment & Safety) line
 Foster Care Ombudsman

1-855-840-6036
FCO.Info@state.or.us
 Phone/email

IF IN A FOSTER CARE AGENCY OR RESIDENTIAL PROGRAM

| | |
|-----------------|-------------|
| Licensing staff | Phone/email |
|-----------------|-------------|

IF AN ICWA CASE

| | | |
|--------------------|---------------|-------------|
| Tribal affiliation | Tribal worker | Phone/email |
|--------------------|---------------|-------------|


OTHER SUPPORTIVE ADULTS AND ADVOCATES

| | |
|--|-------------|
| | Phone/email |
| | Phone/email |

| | | |
|------------------------------|--|------|
| Date provided to child/youth | DHS staff providing/explaining list to youth | Role |
|------------------------------|--|------|

WWW.OREGON.GOV/DHS/CHILDREN/FOSTERCARE/PAGES/IND_LIVING/ILP.ASPX

This document can be provided upon request in an alternate format for individuals with disabilities or in a language other than English for people with limited English skills. To request this publication in another format or language, contact 503-378-3486 or 503-378-3523 for TTY.


 DHS 9015 (07/2017)

(in-person!)
^

BACK TO SCHOOL BASICS

Schools are reopening soon for hybrid in-person instruction, and CASA has the supplies your kiddo(s) will need for their return to the classroom! Simply call the CASA office and let us know your kiddo(s) needs, and we will gather all needed supplies and help you arrange for pickup!



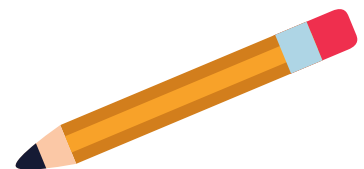
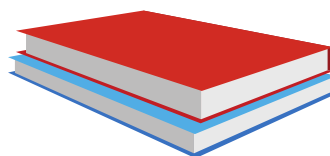
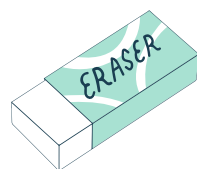
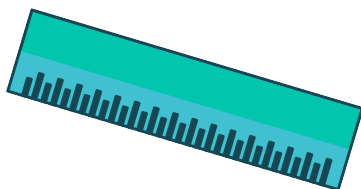
TRAUMA-INFORMED TUTORING



CASA is now offering Trauma-Informed Tutoring!

Our specially-trained academic tutors can work with your children to help them reach their educational goals, and help them learn strategies for successfully coping with the challenges of online learning and changing routines.

To learn more about the Trauma-Informed Tutoring program, or to enroll your child for tutoring services with CASA, please contact Katie Gregory at program.supervisor@casa-vfc.org.



Online Trauma Informed Tutoring is now available!

While Benton County is in the "Extreme Risk" Category, tutoring appointments will be held virtually - please contact us for more information!



Trauma Informed Tutors can assist your child with:

- Core Curriculum
- Special Topics
- Research Tools
- Study Tactics & Tips
- Class Link & Canvas
- Zoom Training and more!

CELEBRATE WINTER WILDLIFE FIELD DAYS!

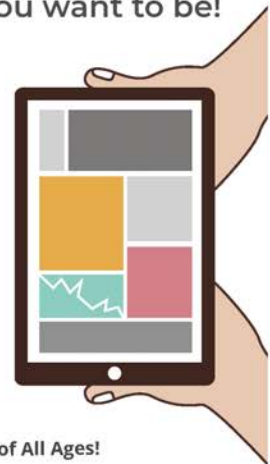
It's the [Winter Wildlife Field Day](#) we love, but offered virtually, and on more than one day! Join in for hands-on science, crafts, nature guides, videos, story times, engaging activities and more to explore with your kiddo(s). Click [HERE](#) to learn more and begin your wildlife adventures!



WINTER WILDLIFE FIELD DAYS

March 1 - 14

WHERE:
Anywhere you want to be!



FREE! For "Kids" of All Ages!

NATURE IN YOUR NEIGHBORHOOD

Same Fun Activities...

NOW VIRTUAL!

www.WinterWildlifeFieldDay.org



For more information
Para más información
541-760-3036

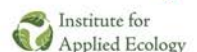


Earn a Wildlife Explorer Patch:

- Self-guided nature explorations
- Step-by-step science at home
- Bingo and other games
- Nature crafts, videos, and activities galore!



Partners and Volunteers



HERE AT CASA



NOW TAKING ORDERS

OPERATION SCHOOL BELL

PLEASE CONTACT CASA-VFC
FOR YOUR ORDER FORM

SHOES - TSHIRTS - COATS - JEANS
LEGGINGS - HOODIES - GYM SHORTS
SPORTS PANTS - SOCKS
UNDERGARMENTS - HYGIENE KITS



The items available for order include:

Shoes, Jeans, or Sports Pants/Leggings,
T-shirt, Coat or Hoodie, Gym Shorts,
Socks, Underwear, & a Sports Bra (girls).

**IN ADDITION, CASA HAS JACKETS,
WINTER ITEMS, AND OTHER NEEDED
CLOTHING FOR YOUR CHILD(REN).
PLEASE INCLUDE ANY OTHER ITEMS
NEEDED FOR THE CHILD AND WE
WILL TRY OUR BEST TO FIND THEM
ON-HAND.**

Please send the following info with your
order request to CASA:

- Elementary, Middle, or High School student?
- Child's first and last initials
- Child's height & weight (an estimate is fine)
- Child's waist & hips measurements in inches (an estimate is fine)
- Child's outside leg seam measurement in inches (an estimate is fine)
- Child's shoe size
- Child's pant size
- Child's t-shirt size
- A list of the needed items

LOCAL EVENTS & ACTIVITIES

This winter may look a little different than usual, but there are still lots of fun events and activities (both virtual, and in-person with distancing precautions) for your kiddo(s) to enjoy!

Explore the websites below for real-time updates on some of the many exciting opportunities available this season!



CBCPL VIRTUAL EVENTS

The Corvallis-Benton County Public Library is offering a wide array of virtual events for all ages! Check out their site to learn about fun online activities for kids, tweens and teens!



CORVALLIS PARKS & REC

While Parks & Rec's indoor facilities are closed during "Extreme Risk" periods, you can visit their website to explore their many options for outdoor and online activities!



WHAT'S OPEN, WHAT'S CLOSED?

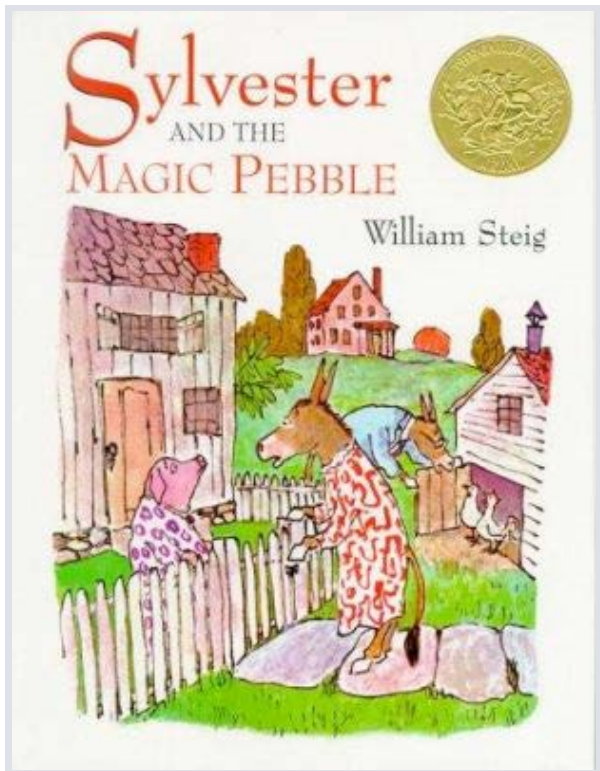
Stay up-to-date on the latest reopenings within the City of Corvallis! Information on parks, library, public services, transportation, and more!



CASA-VFC: ACTIVITY IDEAS

CASA-VFC's list of local places to visit, things to do, and events to attend this spring! Our "Activities & Entertainment" webpage will be updated as our area continues to reopen!

STORIES WITH THE STARS



Sylvester and the Magic Pebble By: **William Steig**

On a rainy day, Sylvester finds a magic pebble that can make wishes come true. But when a lion frightens him on his way home, Sylvester makes a wish that brings unexpected results.

How Sylvester is eventually reunited with his loving family and restored to his true self makes a story that is beautifully tender and filled with magic.

Storyline Online

[Watch Reid Scott read this enchanting tale with your kiddo\(s\) online!](#)

FREE BOOKS FOR KIDS!

Corvallis early readers will have a chance to receive a book from country singer Dolly Parton every month thanks to a grant and the United Way! The program, [Dolly Parton's Imagination Library](#), mails free books to children ages 0-5 in an effort to support early literacy. Books are available in English and Spanish.

The program begins March 2nd - sign up for the Dolly Parton Imagination Library by visiting the [local United Way website](#), or by calling the Corvallis-Benton Public Library at 541-760-6793!



ST. PATRICK'S DAY SNACK

PRETZEL SHAMROCKS



Ingredients Needed:

- Pretzel twists
- Pretzel sticks
- Rolo candies
- Green M&Ms (either mint M&Ms, or green ones from classic M&Ms)
- Baking sheet
- Parchment paper



Directions:

Preheat the oven to 250 degrees.

Place three mini pretzels and one pretzel stick in a shamrock shape on a parchment paper lined cookie sheet.

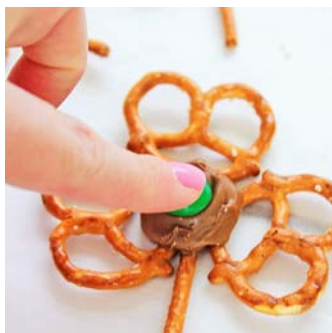


Place a Rolo candy in the middle of pretzels. Repeat with as many treats as you'd like to make.

Bake for 2 minutes at 250 degrees in the oven until chocolate is just starting to melt, but not all the way melted.

Gently press a green M&M in the middle of Rolo so that the chocolate connects all four pretzels.

Freeze until the chocolate hardens, then enjoy your tasty shamrock treats!



ACTIVITY OF THE MONTH

SHAVING CREAM MARBLED SHAMROCKS

Supplies Needed:

- Thick cardstock or construction paper
- Shaving cream
- Green acrylic or craft paints (or paint colors that can be blended to make different greens)
- Pan or baking sheet
- Squeegee or ruler

Directions:



Cut cardstock into shamrock shapes.

Dispense shaving cream into a pan or baking sheet (let kiddos play with it and spread it in the pan before adding paints - it's a fun sensory activity!)

Squeeze your chosen colors of paint over the shaving cream.

Use a toothpick or knife to swirl the paint around, giving it a marbled look.

Lay your paper shamrocks on top of the shaving cream and paint, one shamrock at a time



Use a squeegee, ruler, or plastic gift card to scrape the excess shaving cream and paint off of the shamrocks.

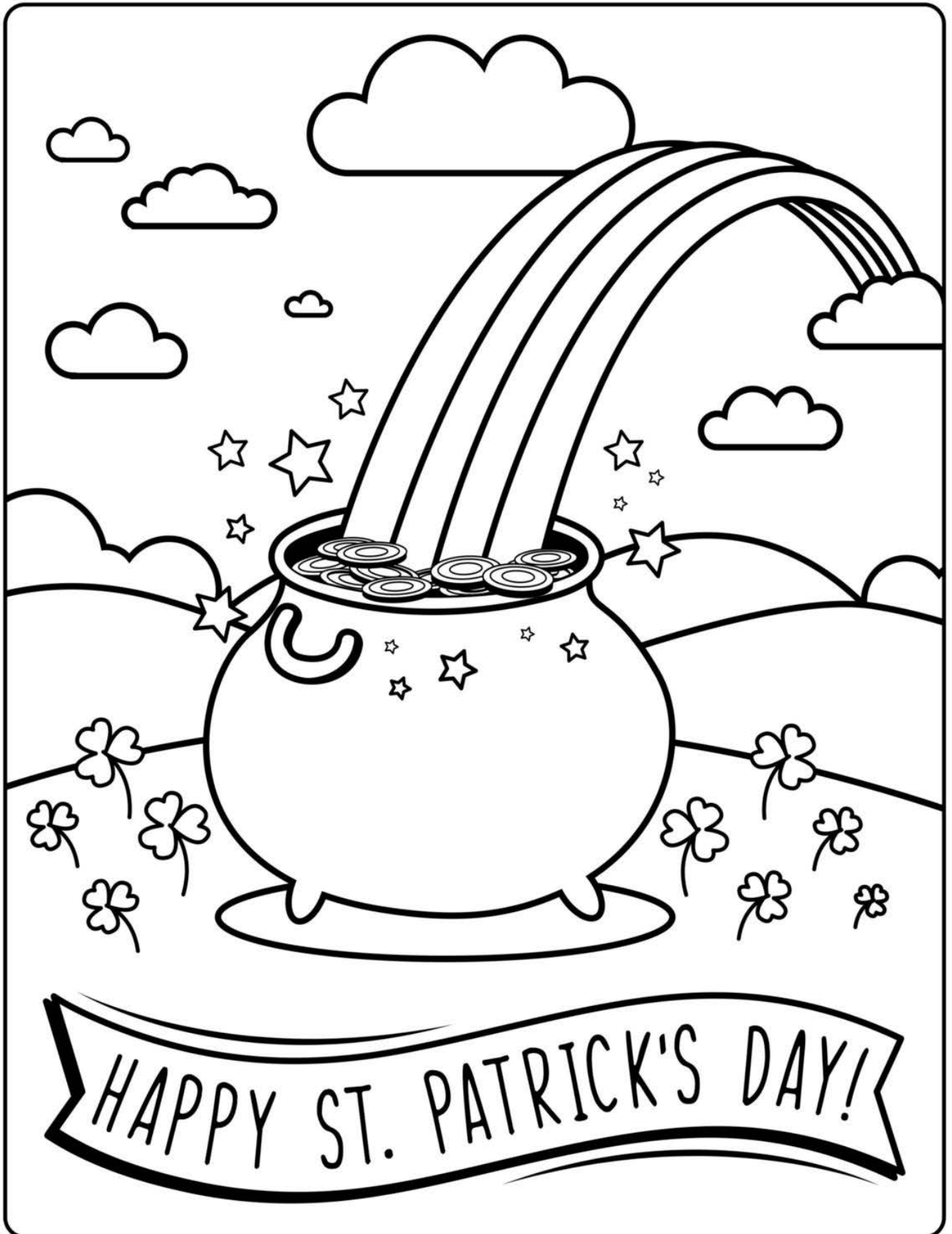
Allow your shamrocks to dry, and enjoy! You can even tape a piece of string along the backs to create a decorative St. Patrick's Day garland!

COLORING CORNER



Print it out for an afternoon of coloring fun!

COLORING CORNER



Print it out for an afternoon of coloring fun!



SPRING FUN FOR YOU AND YOUR KIDDO(S)

New experiences are a great way to engage with your kiddo(s) and make lasting memories this holiday season.. Below are some of our favorite ideas for fun and inexpensive ways to enjoy the changing seasons with the whole family!

EARN YOUR
WILDLIFE EXPLORER
BADGE



SEARCH FOR
4-LEAF CLOVERS AT
CLOVERLAND PARK



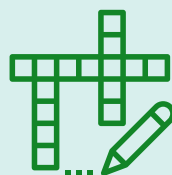
DANCE & LEARN
THE WATER CYCLE
WITH GONOODLE!



DECORATE
SHAMROCK COOKIES



DO A
ST. PATRICK'S DAY
CROSSWORD PUZZLE



MAKE A
SPRINGTIME CRAFT



COMMUNITY INVOLVEMENT

- [The Oregon Zoo](#) offers discounted admission for foster children and their families. Check out their at-home activities [HERE](#) and follow their social media channels to keep up with their animals' adventures!
- [Oregon Parks and Recreation Department](#) offers free camping and day-use parking to Oregon foster parents, guardians and parents who have adopted Oregon foster children. Some campgrounds and day use areas are beginning to reopen! For more information visit oregonstateparks.org or call OPRD at 1-800-551-6949.
- [The Corvallis Fire Department](#) normally offers monthly car seat inspections, but due to COVID-19 concerns, they have been put on hold until further notice. For tips on safe car seat installation, click [HERE](#). If you would like assistance installing a car seat, please contact Alyssa Mahr, CPST (Certified Child Passenger Safety Technician) by calling the CASA-VFC office or emailing service.coordinator@casa-vfc.org.
- [Corvallis Parks and Recreation](#) offers family assistance to ensure that everyone in Corvallis can play. Their [Family Assistance Scholarship](#) helps to reduce the barrier of cost for those living in Benton County. The scholarship can be used for an array of different activities - check out the [Parks and Recreation Facebook page](#) for the latest offerings! Though many indoor facilities are still closed, Parks & Rec has several fun outdoor classes for kids that run rain-or-shine!
- [The Boys & Girls Club](#) is providing school-day childcare. Pre-registration and eligibility verification required; call (541) 757-1909 for details. The Club works closely with CASA-Voices for Children, and you can get a reduced-cost membership by contacting the CASA office.
- [The Corvallis-Benton County Public Library](#) is offering free "[Stay at Home Storytime](#)" sessions for kids while the library is closed! The Reading Education Assistance Dogs (R.E.A.D. Dogs) program has also gone virtual - kids can sign up [HERE](#) to practice their reading with these friendly pups!

Is there something you liked or didn't like about this month's newsletter? Or maybe there's something you would like to see in next month's issue? Whatever it is, we would love to hear from you!

**Please contact Alyssa Mahr with any questions, concerns or suggestions.
service.coordinator@casa-vfc.org**

UPCOMING TRAINING OPPORTUNITIES

ABC House



ONLINE TRAINING WITH ABC HOUSE VIA ZOOM



DATE: Monday, March 15th
TIME: 5:30 pm - 6:30 pm
COST: FREE!



Join ABC House for a helpful training on healthy touch for children and youth! Knowing about child sexual abuse makes us more mindful of how we interact with children. This training teaches guidelines for healthy touch and safe, respectful ways to interact with children. Healthy touch and affection are protective from child sexual abuse.

This training teaches simple and practical actions you can take to protect children. Participants will:

- Receive some guidelines for healthy touch at home and in youth-serving settings
- Learn how to balance children's needs for warmth and affection with safe, respectful ways of interacting
- Learn about healthy sexual development in children so we can identify normal and abnormal touching behaviors



[View more details on ABC House's Facebook Events page](#)



UPCOMING TRAINING OPPORTUNITIES

CODSN LGBTQ+ Resource Fair



FREE ONLINE RESOURCE FAIR VIA ZOOM



DATE: Monday, March 15th

TIME: 12:00 pm - 1:00 pm

COST: FREE!



Many young people feel isolated when it comes to gender identity and sexuality. Join CODSN's LGBTQ+ Resource Fair to learn about tools, strategies, and organizations to help enhance the well-being of LGBTQ+ youth and people in your life. While the event is hosted by Central Oregon Disability Support Network, the resources discussed will be helpful for all LGBTQ+ youth and their families and mentors!

Community led, we will explore helpful organizations, training, networks, apps, and more!

Please contact Jenny@codsn.org with questions or if you'd like more information about the Fair.

[CLICK HERE to register for the Fair!](#)



[View more details on CODSN's Facebook Events page](#)



FOSTER FAMILY RESOURCES

[CASA Online Learning Center \(by Texas CASA\)](#) - Texas CASA has an excellent library of trainings and informational videos for advocates. Registration for their "CASA College" learning portal is required, but it is free and open to CASAs in all states.

[VISIT PAGE](#)

[National Child Traumatic Stress Network](#) - NCTSN offers a wide array of webinars and e-learning courses on best practices for helping children who have experienced trauma. Visit the link below to create an account for free access to training materials.

[VISIT PAGE](#)

[Focus on Foster Families App](#) - This app is designed to support foster children, youth, and their caregivers & advocates. Through video interviews and online tools, FOCUS on Foster Families helps users improve their skills related to communication, emotional regulation, problem-solving and goal setting.

[VISIT PAGE](#)

[Oregon Family Support Network](#) - OFSN is a statewide non-profit organization that supports families who are raising a child with significant mental health challenges. They provide education, support and advocacy for individual families and support systems.

[VISIT PAGE](#)

[Oregon Post Adoption Resource Center](#) - The OPARC provides services for Oregon DHS adoptive and assisted guardianship families. Services include information, assistance, referral, in-depth consultation, advocacy and support, and education and training for families and advocates.

[VISIT PAGE](#)

[iFoster](#) - Using iFoster's programs and services decreases family needs, improves child and caregiver well-being, improves life-satisfaction, improves grades, and can help youth successfully transition to independence. iFoster provides 100s of resources through partnerships with hundreds of companies, government agencies and non-profits nationwide. Free and deeply-discounted products and services are available to meet your biggest needs.

[VISIT PAGE](#)

"IF YOU CAN HELP A CHILD, YOU DON'T HAVE TO SPEND YEARS REPAIRING AN ADULT."
- JOYCE MEYER

TECH TALK: MY KIDDO IS NOT MOTIVATED, NOW WHAT?

Adapted from "Tech Talk Tuesdays" by Delaney Ruston, MD

Many kids and teens struggle with staying motivated, especially these days as COVID-19 has disrupted their usual school and social routines.

So how do we help any youth who is facing motivational challenges? Today I look at those questions and offer some strategies to help when the kids or teens in your life are lacking motivation. And even if you have a highly motivated child, we will cover ways to help that can relate to all young people.



Before I get to some strategies about working with kids on this, let's turn to clinical depression for a moment. In clinic, as part of the visit, a patient will often get a screening form that asks, "Over the last two weeks, how often have you been bothered by any of the following problems: 1.) Little interest or pleasure in doing things or 2.) Feeling down, depressed, or hopeless?"

If their answer is that they are not bothered by either, the chances that they have clinical depression go way down. It does not eliminate the possibility, but makes it far less likely. I want all kids to know that with depression, people might not even be aware of feeling sad, but that they may primarily feel low motivation.

And we are not just talking about depression. I know parents and mentors can feel emotionally unhinged, sad, frustrated, and a host of other feelings when our kids are lacking motivation. So let's get into ways that we can help our kids, and help us feel better as well:

Ideas to Help Kids with Motivational Issues :

1.) Behavioral Activation

Behavioral Activation is an approach used in mental health to help those suffering from depression. The way it works can also help people who do not have depression but who are not feeling motivated in different areas of their lives. At its core is the idea that one can't wait until they have the feeling to want to do something, because that feeling might not come.

(CONTINUED ON NEXT PAGE)

TECH TALK: MY KIDDO IS NOT MOTIVATED, NOW WHAT? (continued)

Behavioral Activation is about getting help to a person to do small actions towards a goal or engage in things they used to like to do. From there, the hope is that the experiences will elicit some positive emotions.

While doing these things, the person is reminded to try and be aware of the moments they do get some pleasure or feel good afterward, knowing you have achieved the goal. Even just being aware of a few minutes of laughing with a person they are with. It is not like a person with depression to go to the movies with a friend and suddenly feel happy. Usually, this much of an outing would be really hard for them because the negative self-talk would be active, and they would have low energy. Over time, having more and more activation helps to lift the depression.

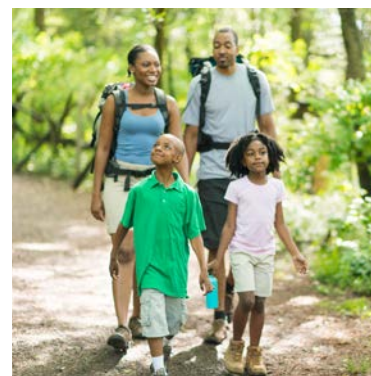
2.) Don't give up on the dance

Parenting and/or mentoring is a challenging dance of when to push our kids and when not to. For example, my family tried many methods of compromise with our daughter Tessa to get her to come hike with us, such as choosing shorter routes. She still would do some groaning, but there were smiles along the trail as well. It paid off. Tessa eventually joined her high school's outdoor club and even went on to help to run it.

For some things, saying you won't make them do it anymore makes sense, but other times, making compromises and finding different ways to "stay on the dance floor" with them, will pay off.

3. Admit when you stepped on their toes

I am thinking about a mistake I made regarding trying to get Tessa interested in something she didn't want to do. Tessa's high school had a debate club, and I was super eager to have her get involved with it. I even called the organizer of the club, thinking I might get some little bit of info that could entice her. My calling the club was the final straw. Tessa announced that now there was *no way* she would go. I felt bad about how pushy I was, and apologized to Tessa. From there on out, I started working harder not to overstep my bounds. The dance is never easy and never foolproof, that is for sure.



(CONTINUED ON NEXT PAGE)

TECH TALK:

MY KIDDO IS NOT MOTIVATED, NOW WHAT?

(continued)

4.) Intrinsic motivation

Humans have three key basic needs: A sense of autonomy, competence, and relatedness (feeling love and connection). Many studies have shown that when kids have these elements, particularly autonomy, this “will stimulate much more motivation than rewards or punishments.” So in this regard, the more we can have our kids make lists of things they are motivated to try and do, the more they will be motivated to try them.



5.) Go with the flow

In William Stixrud and Ned Johnson’s book, *The Self-Driven Child*, the authors note how helpful it is for kids to get into a “flow state”, where they are enjoying the task at hand and finding themselves focused and engaged.

Flow is about being challenged and lost in time. In the authors' view, one of the best ways to develop self-motivation is to encourage your child's participation in their pastimes — in the stuff they love. Then this learned “flow state” can be transferred to other areas of life as well.



IDEAS FOR CONVERSATION STARTERS ABOUT SELF-MOTIVATION:



Here are some questions for talking with kids and teens about motivation:

- *What are we all feeling interested in these days? What are some examples of things we have no desire to start doing, but actually, once we start (or sometime after finishing), we feel better in some ways?*
- *It can be hard to know if feeling low motivation ongoing is a sign of something more serious, such as clinical depression. What are other signs to look for? (Check out [this TTT](#) for more of the questions we ask in clinic when evaluating for depression).*
- *As an adult, what was something you hated doing in the past and now really like doing? (One of my examples is that I really didn't like hiking when I was a little girl — like mother like daughter — now I love it).*

[\(Read the full article HERE at ScreenagersMovie.com\)](#)

EASY WAYS TO SUPPORT CASA-VFC THIS SPRING



A fun, new way to help raise money for CASA-VFC! Download the FlipGive App and shop your favorite brands and online stores. Each company will then donate a certain percentage of your purchase to CASA-VFC. This is a convenient, fast and easy way to support our organization. Don't forget to share with your friends and family!

[LEARN MORE HERE](#)



Did you know that you can raise money for CASA-VFC by simply shopping on Amazon? If you have an Amazon account you can shop from the Amazon Smile website and they will donate 0.5% of your purchase to CASA-VFC. It's exactly like shopping on Amazon: Same items, check-out and pricing. Another great way to support CASA while you shop online!

[LEARN MORE HERE](#)





RESOURCES

Don't forget! We have tons of great resources for you and your kiddo(s). Please call or email if you are in need of any of the following items, and our staff will happily help locate them and gather them for pick-up!

Jackets
Clothing
Duffel Bags/Backpacks

Shoes
Birthday Gifts
Occasion/Holiday Gifts

Books
Quilts
Sports Equipment

If we don't have the item you are looking for, please let us know and we will try our best to find it for you!

TUTORING

We are excited to announce that CASA is now providing [Trauma-Informed Educational Tutoring!](#) Please contact the CASA office for more information or to enroll your kiddo(s).

BIRTHDAYS

Help your kiddo(s) get ready for that special day! [We have gifts and cards available at the office.](#) Please contact our Service Coordinator, Alyssa, for more information.

**REPORT
CHILD
ABUSE** !

To report child abuse, please call these child abuse hotlines:

Local: 541-757-5019

Toll Free: 866-303-4643



Happy St. Patrick's Day **FOSTER PARENTS!**

Thank you

for the vital role you play
in providing for our
most vulnerable
population.

- CASA-VFC STAFF

CASA-VFC STAFF

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WE ARE HERE FOR YOU!

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